

Community Supported Living

What Is Community Supported Living?

Community supported living (CSL) is a service model adhering to requirements from Medicaid's Home and Community Based Services program. The goal of CSL is to create opportunities for people with intellectual and developmental disabilities to self-determine how they want to live in the community.

Community Supported Living Guidelines:

- Individuals are integrated into their community
- Home and community activities optimize independence
- The process facilitates self-determination
- The home setting ensures the rights of privacy, dignity, and freedom from restraint
- The home is selected with input from the individual



We'd like to introduce you to John-

John lives with his roommate in their own home in NY. John and his support team agreed that he and his roommate were ready to live more independently and could do so with the support of technology.

As we all know, roommates can have different preferences and routines. John advocated to stay at home--he doesn't always want to go to community activities with his younger roommate. The roommate, however, needs the natural support of staff to learn additional community skills.

Rather than hire another person just in case something happened to John, the organization supported him by including a wireless smart sensor system. If John chooses to leave the apartment or if he pushes his pendant, direct support staff receive notifications and can give him a call or return to the home, if needed.

As a result, John can hang out in the peace and quiet of his own place, and his roommate can access activities that he enjoys in the

A nice big home
for me. I'll have
my own home,
my own privacy.
And I feel great
about that idea.
Oh, I'll be happy!

John, New York